Week-At-A-Glance January 28-February 1st

Health – 9 Week **WEEK 4 Coach Stewart**

Goal: Chapter 3,4,5 Achieving Mental Emotional Health, Managing Stress , Coping with Loss, Mental Emotional Problems

Unit 2 chapter 3-5

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Essential Question:What can you do to help a friend who is talking about committing suicide? | Essential Question:Why is it important to express emotions properly? | Essential Question:What relationships are you a part of? | Essential Question:Why is goal setting and good decisions important to your future? | Essential Question:What are the lasting effects of having a child out of wedlock? |
| Standard: **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | **Standard**: **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | **Standard**: **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | **Standard**: **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | Standard:**P.S. 5,6,8****P.S. 5 Students will demonstrate the ability to use decision-making skills to enhance health** |
| Objectives:Students will learn how to help and/or prevent suicide. | Objectives:Acknowledging and managing emotions allows a person to express emotions in a healthy way | Objectives:Acknowledging and managing emotions allows a person to express emotions in a healthy way | Objective: The student will learn the importance of setting goals and how to make good decisions. | Objectives:Students will learn ways to avoid pregnancy and STD’s. |
| Activities:Youtube: Teen suicide prevention videosGroup Discussion-red flags and what we can doComplete Mental Disorders Research | Activities:Cyberbully – MovieWith Questions | Activities:Chapter 3,4,5 TestCyberbullyChapter 6 Traits to RelationshipsChapter 6 Relationships collageTable groups: think of a movie/TV healthy and unhealthy relationship and describe. | Activities:CBJ #1 & 2 | Activities:CBJ #3 & 4Avoiding Pregnancy and STD’s.Interview Questions with parents. |
| **Assessment**:Formative – written paper | **Assessment:** Formative – written test | **Assessment:** Summative – reading strategies. | **Assessment:** Summative – completing compare/contrast. | **Assessment**:Summative |
| **HW:****Read Chapter 5 complete outline on blog** | **HW:****Read Chapter 5 complete outline on blog****Study Chapter 3,4,5 using Quizizz.** | **HW:** | **Differentiation:** Flexible GroupingStudent Choice | **Differentiation:**Flexible GroupingStudent Choice |
| **Differentiation:** | **Differentiation:** Flexible GroupingStudent Choice | **Differentiation:** Flexible GroupingStudent Choice |  |  |