Week-At-A-Glance January 28-February 1st

Health – 9 Week **WEEK 4 Coach Stewart**

Goal: Chapter 3,4,5 Achieving Mental Emotional Health, Managing Stress , Coping with Loss, Mental Emotional Problems

Unit 2 chapter 3-5

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Essential Question:  What can you do to help a friend who is talking about committing suicide? | Essential Question:  Why is it important to express emotions properly? | Essential Question:  What relationships are you a part of? | Essential Question:  Why is goal setting and good decisions important to your future? | Essential Question:  What are the lasting effects of having a child out of wedlock? |
| Standard:  **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | **Standard**:  **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | **Standard**:  **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | **Standard**:  **P.S.1 Students will comprehend concepts related to health promotion and disease prevention** | Standard:  **P.S. 5,6,8**  **P.S. 5 Students will demonstrate the ability to use decision-making skills to enhance health** |
| Objectives:  Students will learn how to help and/or prevent suicide. | Objectives:  Acknowledging and managing emotions allows a person to express emotions in a healthy way | Objectives:  Acknowledging and managing emotions allows a person to express emotions in a healthy way | Objective:  The student will learn the importance of setting goals and how to make good decisions. | Objectives:  Students will learn ways to avoid pregnancy and STD’s. |
| Activities:  Youtube: Teen suicide prevention videos  Group Discussion-red flags and what we can do  Complete Mental Disorders Research | Activities:  Cyberbully – Movie  With Questions | Activities:  Chapter 3,4,5 Test  Cyberbully  Chapter 6  Traits to Relationships  Chapter 6 Relationships collage  Table groups: think of a movie/TV healthy and unhealthy relationship and describe. | Activities:  CBJ #1 & 2 | Activities:  CBJ #3 & 4  Avoiding Pregnancy and STD’s.  Interview Questions with parents. |
| **Assessment**:  Formative – written paper | **Assessment:**  Formative – written test | **Assessment:**  Summative – reading strategies. | **Assessment:** Summative – completing compare/contrast. | **Assessment**:  Summative |
| **HW:**  **Read Chapter 5 complete outline on blog** | **HW:**  **Read Chapter 5 complete outline on blog**  **Study Chapter 3,4,5 using Quizizz.** | **HW:** | **Differentiation:**  Flexible Grouping  Student Choice | **Differentiation:**  Flexible Grouping  Student Choice |
| **Differentiation:** | **Differentiation:**  Flexible Grouping  Student Choice | **Differentiation:**  Flexible Grouping  Student Choice |  |  |