**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**All About Me Project – Coat of Arms**

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You are to create a poster/Word Document that includes the following:

1. A general personality theme such as sports, music, art, etc. Must be neat and overall appearance is well organized.
2. **Three** major events/accomplishments in your life **and** explain the feeling you felt during/after the event/accomplishment.
3. **Three** things that you are good at **and** an illustration
4. **Three** things that you would like to achieve **and** what you will do to help achieve. (Goals)
5. **One** thing that you’ve had to overcome/adjust to **and** how you did it.
6. **One** group/group activity/volunteer organization you are a part of and an illustration.
7. A minimum of **three** persons who have impacted your life **and** the influence they had on you.
8. List **Three** major “Traits of Good Character” (pg. 74 in your Health book) **and** explain why you believe each is important **and** a symbol/picture to represent each.

Your poster must include the following:

**10 Points Each/Worth a total of 100 Points**

* Your Name
* General Theme included
* Overall neatness and organization
* Events/Accomplishments and explanation (3) \_\_\_\_\_\_
* Things you’re good at and Illustrations (3) \_\_\_\_\_\_\_\_\_
* Goals and what you will do to earn them (3) \_\_\_\_\_\_\_
* Overcome Adversity and how (1)
* Group/Organization (1) you are a part of and Illustrations \_\_\_\_\_
* Influences and explanations (3) \_\_\_\_\_
* Character Traits and a symbol/picture (3) \_\_\_\_\_\_\_