Chapter 7 Lesson 2

**Venn Diagram – Positive changes vs. negative changes in family structure or circumstances**

1. Make a Venn Diagram.
2. Label one side “Positive Changes” and the other side “Negative Changes”
3. Using your book, write all the examples for each.
   1. For example: a parent losing his or her job would be classified as a negative change.
   2. Some changes, like remarriage, may be listed on both sides of the chart.
4. Suggest two positive coping strategies for coping with each of the changes, positive or negative.

Chapter 7 Lesson 3

**Create a Word Web**

1. On the back, in the center of this sheet of paper, write the phrase “Sources of Support”
2. Have 10 lines extending from the center.
3. List all the sources of support mentioned in the book.

**Complete – Teens Making a Difference Pg. 181**

**Read: “Taking Charge of a Family’s Care”**

Answer each of the following below:

1. What motivated Ashleigh to “Take Charge”?
2. List three ways you can help a family member who has a health problem.
3. How do you think maintaining a positive attitude has helped Ashleigh’s health?