**Chapter 20**

**HSH 5 – Decision Making Skills**

-HSH6b (Personal Health) The learner will assess personal health practices & overall health status.

HSH 7 – Health Enhancing Behaviors

**CCR1 – Reading closely & making logical inferences.**

**CCR2 – Reading to determine central ideas & themes.**

**Effects of Tobacco Use**

***Directions:*** Using information from your book, complete the following:

**List 10 Consequences of Tobacco use (25 points)**

* Draw and outline of the Human Body (5 points)
* Draw and label 5 Short term effects of Tobacco with appropriate organs affected. (10 points)
* Draw and label 5 long term effects of Tobacco with appropriate organs affected (10 points)
  + Colors must coincide with effect of tobacco. Example: yellow for yellow teeth

**Answer these questions of the back of the poster (10 points)**

2 points each

1. What is environmental smoke?
2. Explain why you believe the number of smokers has decreased over the years?
3. What is the product that delivers nicotine into the users system?
4. Compare the quality of life of a smoker & a non-smoker?
5. Understanding the dangers of tobacco & the cost to our society, explain why you believe people still choose to use tobacco?

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